2025 Empowering Health Webinar Series

Tech Literacy in the Digital Health Era
Program Agenda | May 30, 2025 | 11 am - 12 pm

11 AM   **Welcome and Opening Remarks**
Lo Smith, Executive Director, Baltimore Digital Equity Coalition

This session highlights the use of digital health tools in improving care and self-management. It will cover how to build user confidence and digital literacy, and how to support safe, effective use through community education and privacy best practices.

Learning Objectives:
1) Identify digital health tools and their role in health management.
2) Support users in building skills to navigate telehealth, portals, and monitoring systems.
3) Promote confident use through outreach and skill-building

12 PM   **Closing Remarks**

Meet the Presenters

Webinar Post-Survey

Register for the Series

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About Marylanders Online

Marylanders Online is an initiative through the University of Maryland Extension (UME) and the College of Information (INFO) with support from state funding. The Marylanders Online program serves as an accessible digital literacy resource that is working to close the digital divide experienced by the millions of Maryland residents who lack access to the internet, a digital device, or the skills to utilize either. Through the provision of quality resources - from education and training to curricula and tech support - the mission of Marylanders Online is to promote digital literacy, equity, and inclusion throughout the state of Maryland.

TECH SUPPORT HELPLINE

✉ **MarylandersOnline@umd.edu**

📞 **Call** 301-405-9810
Toll-Free 1-866-206-8467
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10 a.m. to 8 p.m.
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